■ Brag Sheet Template

To help your teachers, counselors, or mentors write strong recommendation letters

Student Information	_	
Name: Grade: School: What I'm applying for (colleges, scholarships, programs, etc.):		
Academic Interests		
Favorite classes and why:		
Subjects I excel in or feel passionate about:		
Projects, essays, or research I'm proud of:		
Activities & Leadership		
Clubs, sports, arts, or leadership roles:		
Impact I've made (what I did, not just my title):		
Awards or recognition received:		
Community Service / Volunteering		
Organizations I worked with:		
Time commitment and responsibilities:		
What I learned and why it mattered:		
Work Experience		
Jobs, internships, or tutoring roles:		
Skills I gained:		
How it connects to my goals:		

Personality & Strengths	
3–5 words that describe me:	
How others would describe me (teachers, friends, teammates):	
Examples of character (resilience, leadership, creativity, adaptability):	
Why I'm Asking You	
Why I chose you to write this letter:	
How your class or mentorship impacted me:	
Future Goals	
What I want to study or pursue:	
Long-term career interests:	
Why I'm excited about this path:	

- Tips
- Be specific—stories and examples matter.
- Share short but meaningful examples—stories stick.
- Don't just list activities; explain why they mattered to you.
- Mention challenges you've overcome—it makes your letter stronger.
- Keep it clear and authentic—bullet points are fine.
- Give this to recommenders early, and attach a resume if you have one.